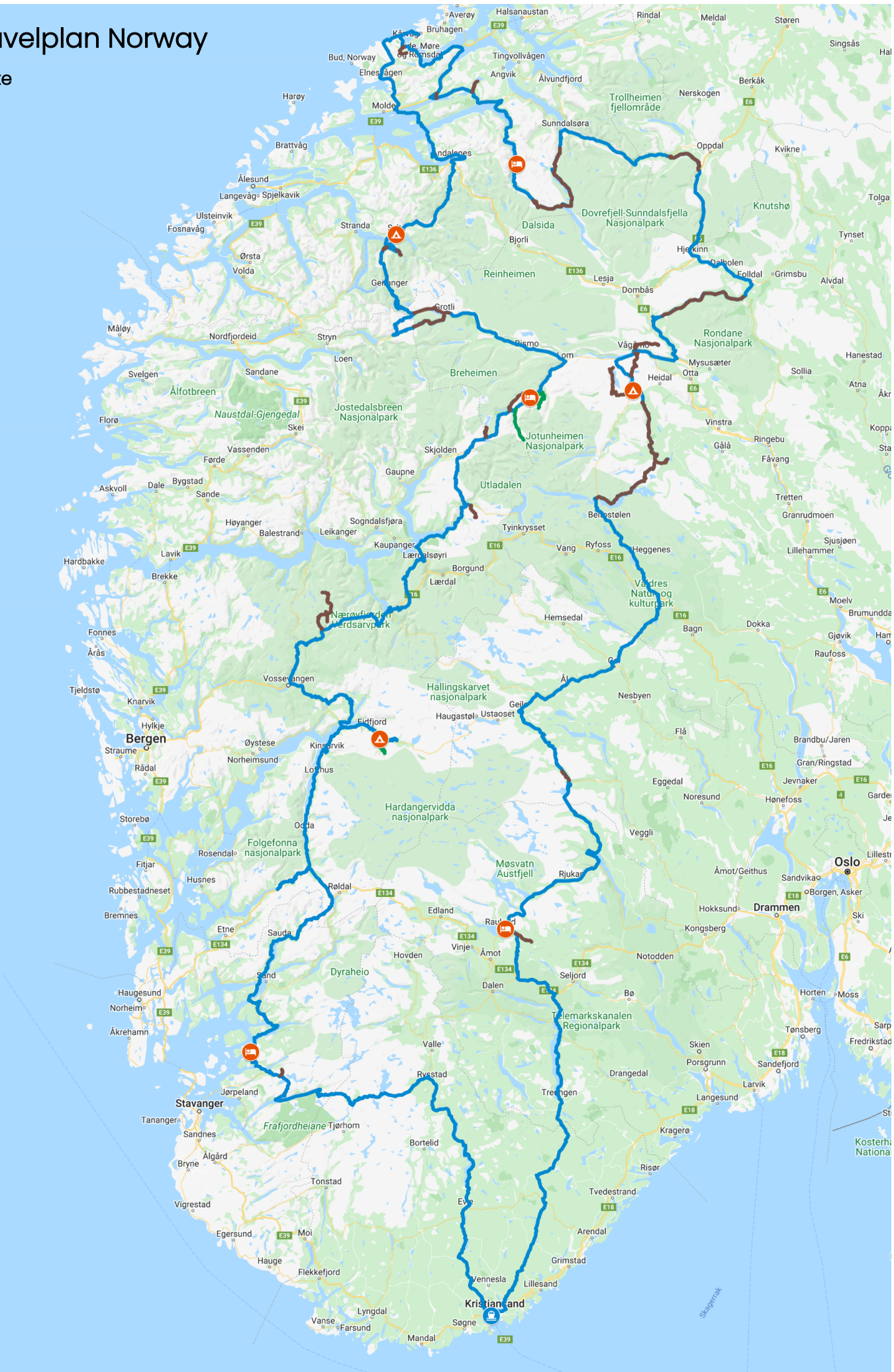


Travelplan Norway

Route



Travelplan Norway

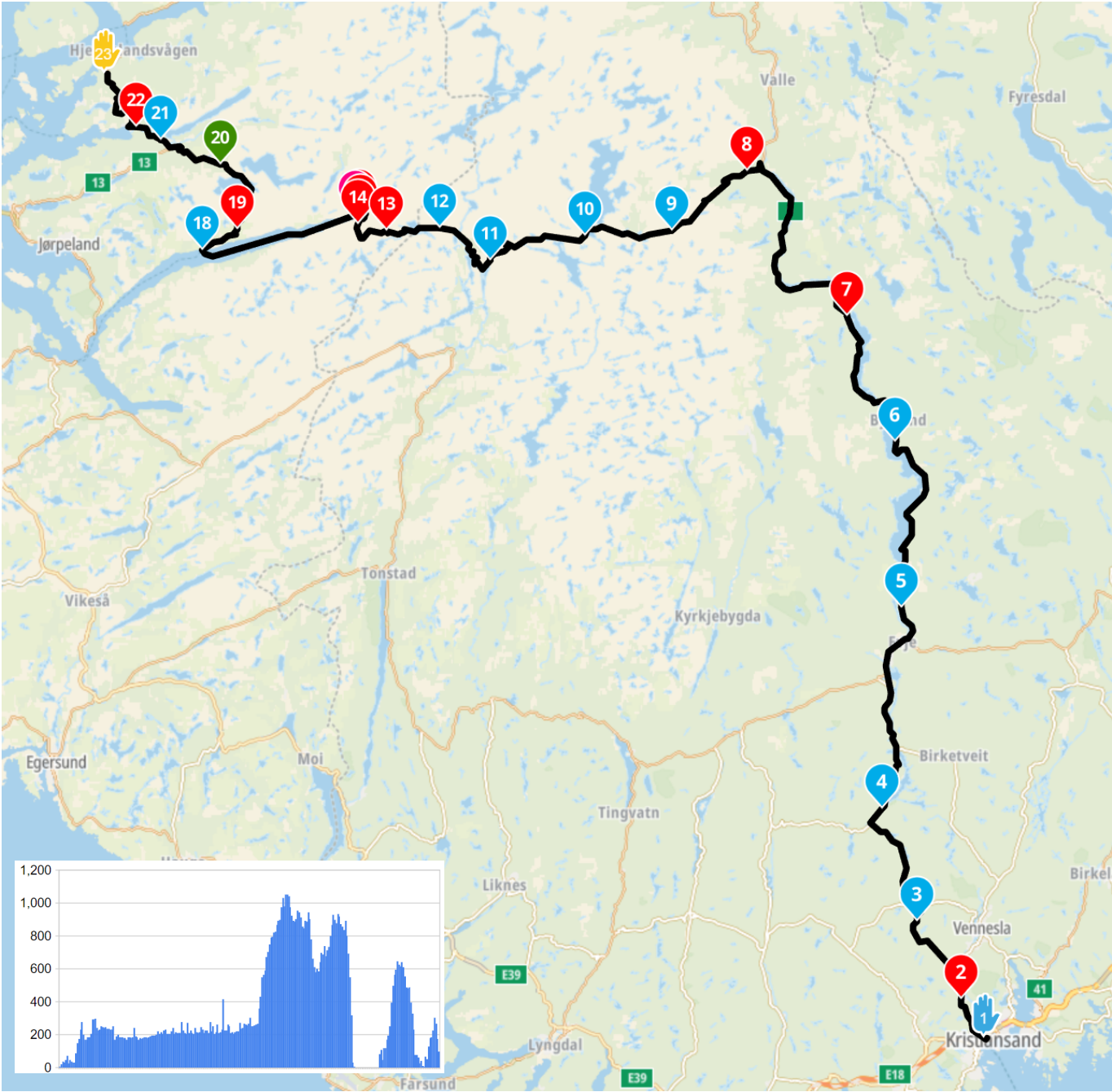
Route

Day	Route	Type	Driven	Distance	Duration
1	10 Kristiansand - Hjelmeland	Main	YES	280 km	5:25 hour
1	11 Kristiansand - Hjelmeland (up to the Ferry)	Main	YES	217 km	3:49 hour
1	12 Kristiansand - Hjelmeland (after the Ferry)	Main	YES	44 km	1:04 hour
1	13o Songesandvegen and Rykanfossen (gravel)	Opt	NO	8,4 km	0:26 hour
1	14a Kristiansand - Hjelmeland (no Lysebotn ferry)	Alt	NO	339 km	5:36 hour
1	15a Kristiansand - Hjelmeland (shortest)	Alt	NO	294 km	4:12 hour
2	20 Hjelmeland - Eidfjord	Main	YES	302 km	5:43 hour
2	21o Hjømoberget (gravel)	Opt	YES	20 km	0:53 hour
2	22o Kvamsdalsvegen	Opt	NO	19 km	0:46 hour
3	30 Eidfjord - Bøverdalen	Main	YES	320 km	6:03 hour
3	31o Brekkedalen and Jordalen (gravel, full loop, tolweg)	Opt	NO	29 km	1:23 hour
3	32o Brekkedalen (gravel, up-and-down, tolweg)	Opt	NO	17 km	1:00 hour
3	33o Jordalen (gravel, tolweg)	Opt	YES	45 km	2:02 hour
3	34o Flåm loop	Opt	NO	36 km	1:32 hour
3	35o 1000-meteren and Rausdalen (gravel)	Opt	NO	27 km	1:03 hour
3	36o Storvassvegen (gravel)	Opt	NO	11 km	0:37 hour
3	37o Leirvassbu (tolweg)	Opt	NO	29 km	0:59 hour
3	38o Bøverdalsvegen (gravel, tolweg)	Opt	NO	17 km	0:35 hour
4	40 Bøverdalen - Valldal	Main	YES	217 km	5:02 hour
4	41 Bøverdalen - Valldal (no gravel)	Main	YES	201 km	3:59 hour
4	42o Galdhøpiggevegen (tolweg)	Opt	NO	29 km	0:54 hour
4	43o Strynefjellet (gravel)	Opt	NO	19 km	0:35 hour
5	50 Valldal - Eikesdalen	Main	YES	303 km	5:18 hour
5	51 Valldal - Eikesdalen (no gravel)	Main	YES	301 km	5:06 hour
5	52o Skjørsetervegen (gravel)	Opt	NO	11 km	0:35 hour
5	53o Mardalsfossen (gravel, tolroad, 45 min walk)	Opt	NO	23 km	0:36 hour
6	60 Eikesdalen - Randsverk	Main	YES	340 km	7:22 hour
6	61 Eikesdalen - Randsverk (no gravel)	Main	YES	297 km	4:23 hour
6	62o Rondane National Park	Opt	NO	178 km	2:27 hour
6	63o Blåhø, Vågå (gravel)	Opt	NO	30 km	1:05 hour
6	64o Tuvstulvegen (gravel)	Opt	NO	14 km	0:32 hour
6	65o Fugelsætervegen (gravel, toll)	Opt	YES	25 km	0:50 hour
7	70 Randsverk - Rauland	Main	YES	398 km	7:47 hour
7	71 Randsverk - Rauland (no gravel)	Main	YES	372 km	5:58 hour
7	72a Gravelweg Vestsidevegen	Alt	NO	6,5 km	0:15 hour
8	80 Rauland - Kristiansand	Main	NO	247 km	4:07 hour
8	81 Rauland - Kristiansand (no gravel)	Main	YES	234 km	3:43 hour









Let op

- 1) De opgegeven tijden verschillen per website (MRA en TomTom MyDrive) en ook op de navigatie systemen (TomTom Rider 550 and Garmin Zumo XT). TomTom gebruikt verschillende kaarten en reken methodes per website/apparaat, met verschillende tijden tot gevolg.
- 2) In de praktijk waren er meerdere (offroad) routes die **niet** door de navigatie systemen opgepakt konden worden:
 - a) Op route 70 (Randsverk - Rauland) is tussen punt 5 en 6 geen doorgang op zowel de TomTom als de Garmin. In praktijk kan je daar gewoon doorrijden (route is een aanrader).
 - b) De optionele routes 64o en 65o zijn niet te openen op de TomTom Rider (wel in MyDrive). 65o hebben we op de Garmin gereden (is ook prima te doen met Google maps).










10 Kristiansund - Hjelmeland



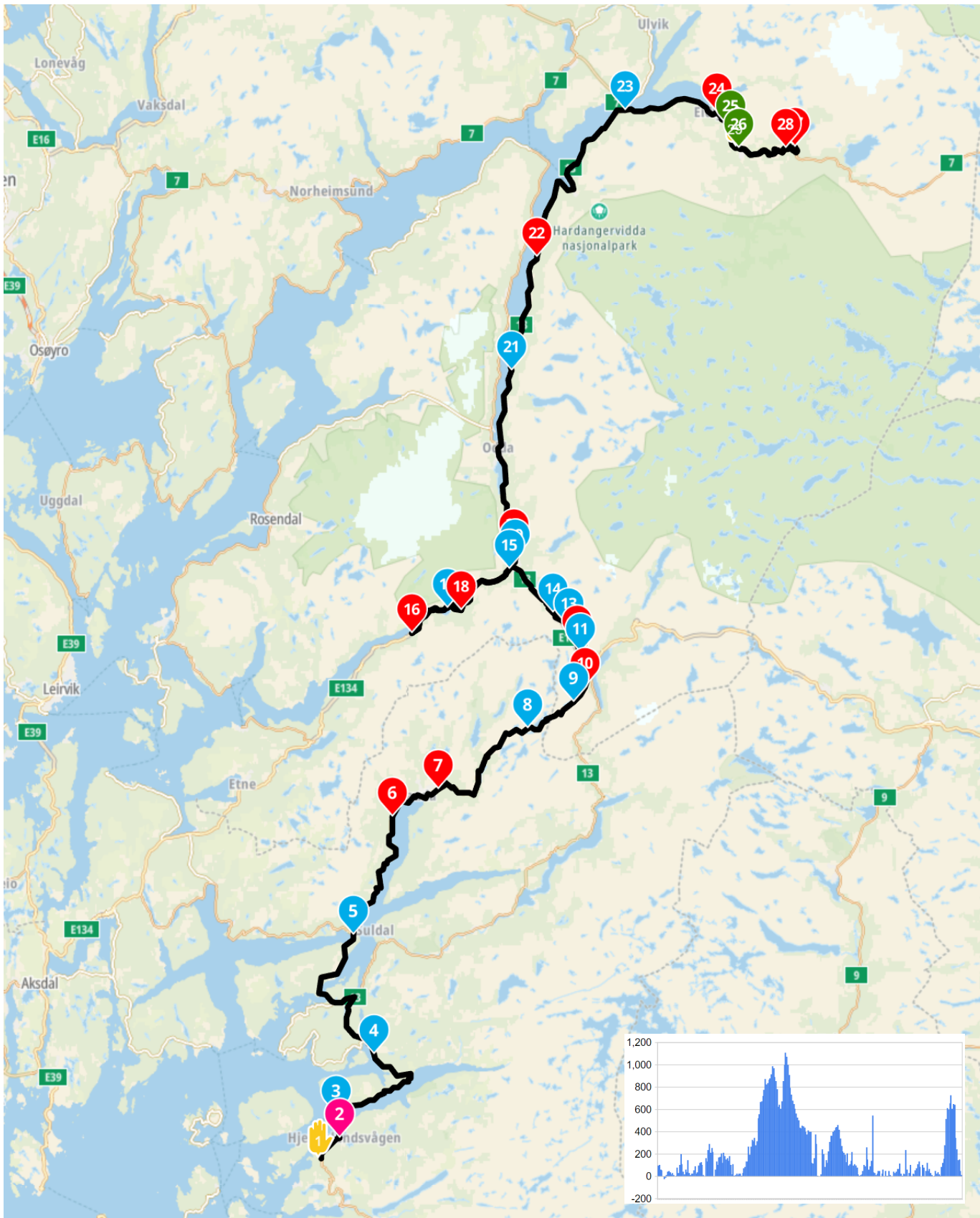
10 Kristiansund - Hjelmeland

Route		Cumulative		Difference		Avg.	Additional information
#	Routepoint	Km	Time	Km	Time	Speed	
1	Kristiansand	0 km	0:00 hour	0 km	0:00 hour		
2	Augland (Supermarkt)	6,7 km	0:08 hour	6,7 km	0:08 hour	50 km/h	
7	Reiersfossen	112 km	1:43 hour	106 km	1:35 hour	67 km/h	
8	Brokke Badeplass (rivierbedding)	144 km	2:11 hour	31 km	0:28 hour	67 km/h	 0:10 hour
13	Utsikt Tjodanpollen	203 km	3:24 hour	59 km	1:13 hour	49 km/h	 0:05 hour
14	Lysebotn viewpoint (Parkeren € 30)	209 km	3:36 hour	6,4 km	0:12 hour	32 km/h	
15	Parkeerplek Lysevegen	211 km	3:40 hour	2 km	0:04 hour	30 km/h	
16	Lysebotn	216 km	3:50 hour	4,9 km	0:10 hour	29 km/h	
17	Ferry Lysebotn - Songesand	217 km	3:51 hour	0,6 km	0:01 hour	34 km/h	 0:34 hour
18	Vervolg van de rit na de ferry	236 km	4:25 hour	20 km	0:34 hour	35 km/h	
19	Songesand plase (uitkijkpunt)	243 km	4:36 hour	6,4 km	0:11 hour	35 km/h	
20	Songesandvegen / Rykanfossen (gravel)	254 km	4:53 hour	11 km	0:17 hour	38 km/h	 +0:18 hour (#13o)
22	Årdal (Supermarkt)	268 km	5:14 hour	14 km	0:21 hour	41 km/h	
23	Fjord road Appartement (Hjelmeland)	280 km	5:29 hour	12 km	0:15 hour	50 km/h	 Fjord road Appartement (Hjelmeland) (5:29 hour)
Total		280 km	5:29 hour			51 km/h	 max 0:15 hour

Legenda

-  Cut off point (incl. routepoint(s) to skip and time saved)
-  Start of an alternative route (incl. additional time)
-  Overnight stay (incl. time/milage comparing to previous overnight stay)
-  Gas station (incl. time/milage comparing to previous gas station)
-  Ferry Crossing (incl. duration)
-  Activity, like a walk (incl. duration)
-  Coffee/Break
-  Restaurant
-  Supermarket

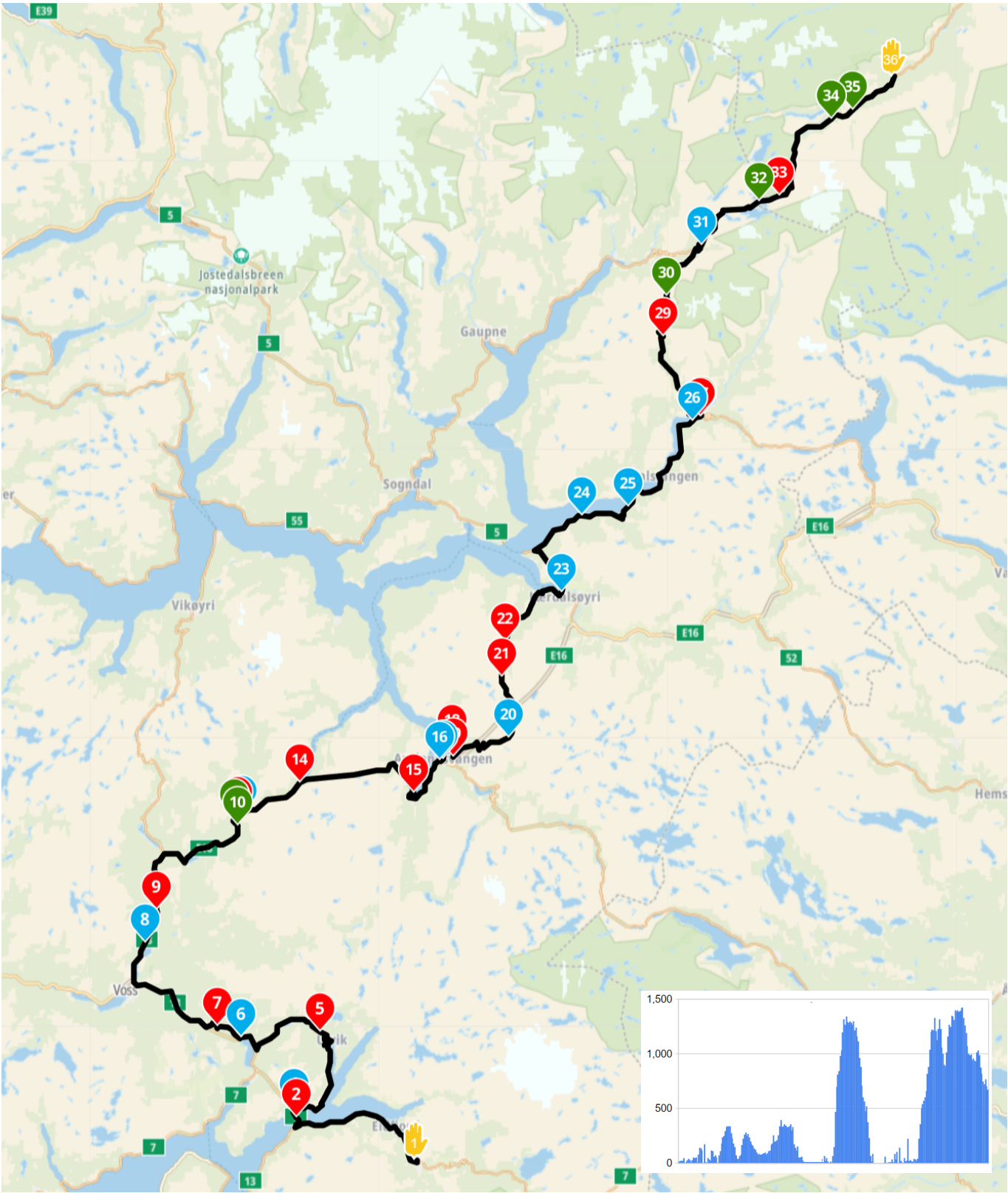
20 Hjelmeland - Eidfjord

















20 Hjelmeland - Eidfjord

Route		Cumulative		Difference		Avg.	Additional information
#	Routepoint	Km	Time	Km	Time	Speed	
1	Fjord road Appartement (Hjelmeland)	0 km	0:00 hour	0 km	0:00 hour		Fjord road Appartement (Hjelmeland) (0:00 hour)
2	Ferry Hjelmeland - Nesvik	4,7 km	0:07 hour	4,7 km	0:07 hour	40 km/h	0:15 hour
6	Svandalsfossen	76 km	1:23 hour	72 km	1:16 hour	56 km/h	
7	Ryfylke scenic route	85 km	1:35 hour	9,3 km	0:12 hour	47 km/h	
10	Hytehaugen (Viewpoint)	118 km	2:19 hour	33 km	0:44 hour	45 km/h	
11	Afsnijpunt Røldalsfjellet (rechtdoor)	125 km	2:30 hour	6,7 km	0:11 hour	36 km/h	#11-13 (-0:20 hour)
12	Røldalsfjellet	128 km	2:36 hour	3 km	0:06 hour	30 km/h	
15	Afsnijpunt Langfoss loop (rechtsaf)	144 km	2:57 hour	16 km	0:21 hour	46 km/h	#15-18 (-0:35 hour)
16	Langfoss waterval	162 km	3:11 hour	18 km	0:14 hour	78 km/h	#16 (-0:10 hour*)
18	Rullestadjuvet Turistveg	171 km	3:22 hour	9,1 km	0:11 hour	50 km/h	
20	Låtefossen waterfall	185 km	3:38 hour	14 km	0:16 hour	52 km/h	
22	Hardangerfjord	228 km	4:22 hour	42 km	0:44 hour	58 km/h	
24	Supermarkt	270 km	5:05 hour	42 km	0:43 hour	59 km/h	
25	Kvamsdalsvegen (gravel)	273 km	5:10 hour	3,3 km	0:05 hour	39 km/h	+0:30 hour (#21o)
26	Hjølmoberget (stijl!)	276 km	5:13 hour	3,2 km	0:03 hour	63 km/h	+0:45 hour (#22o)
27	Fosslivegen	289 km	5:28 hour	13 km	0:15 hour	51 km/h	#27-28 (-0:30 hour)
28	Uitzichtpunt	292 km	5:34 hour	2,8 km	0:06 hour	28 km/h	
29	Sæbø Camping (Eidfjord)	302 km	5:46 hour	10 km	0:12 hour	50 km/h	Sæbø Camping (Eidfjord) (5:46 hour)
Total		302 km	5:46 hour			52 km/h	max -1:25 hour

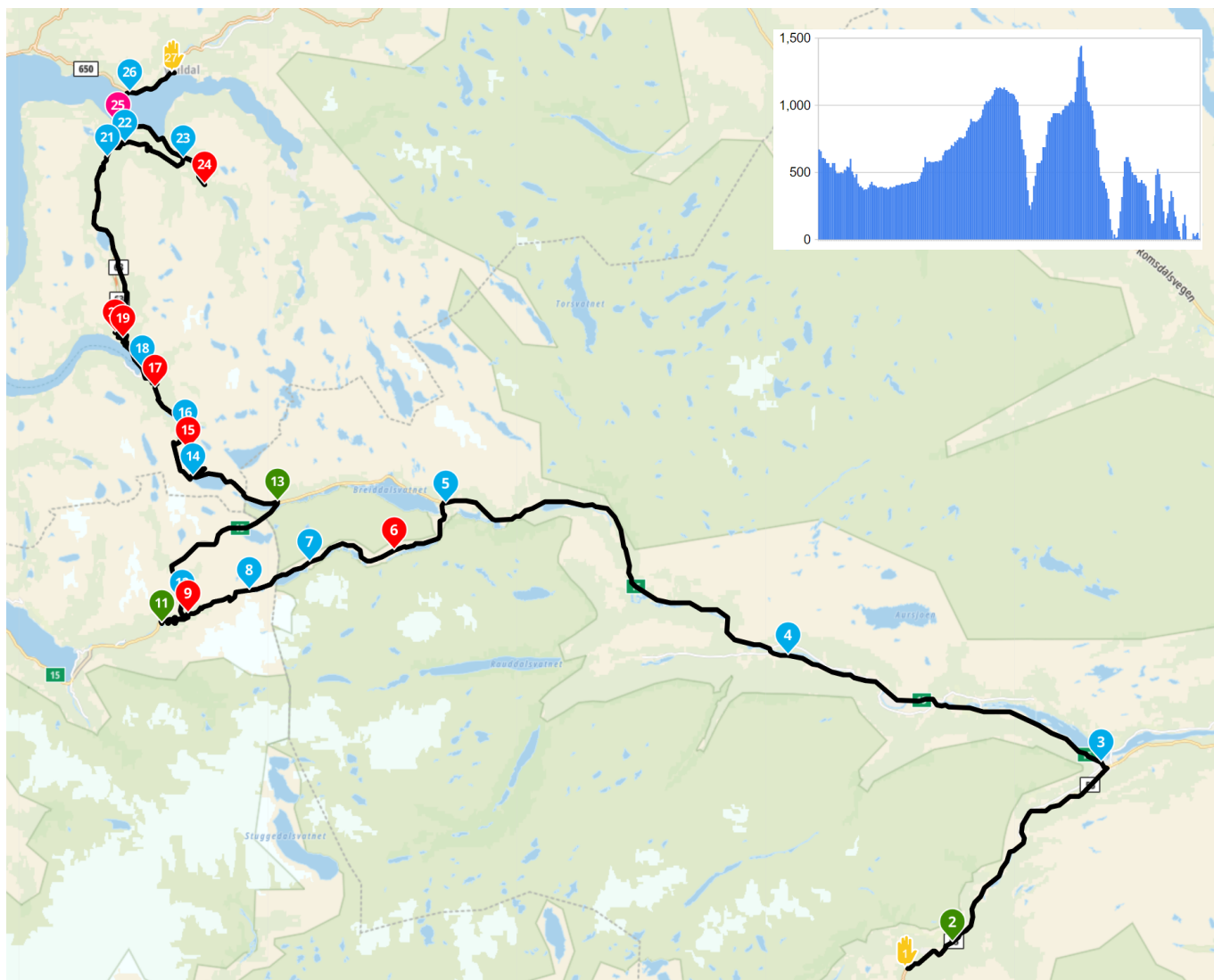
30 Eidfjord - Bøverdalen



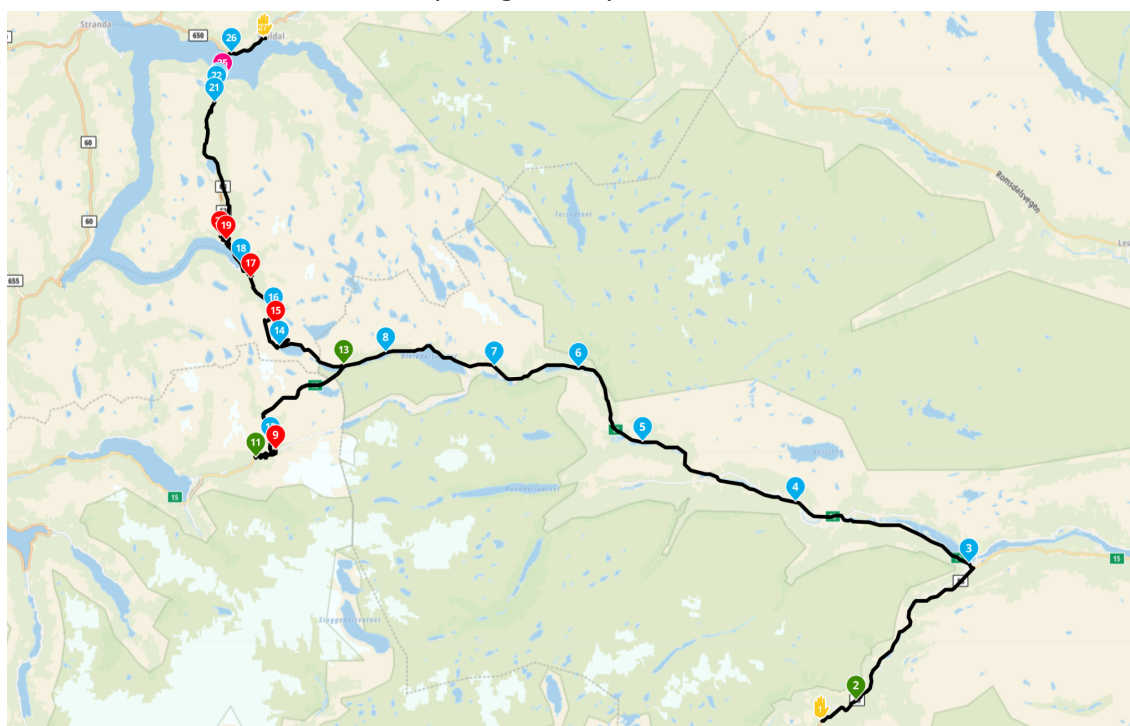
30 Eidfjord - Bøverdalen

Route		Cumulative		Difference		Avg.	Additional information
#	Routepoint	Km	Time	Km	Time	Speed	
1	Sæbø Camping (Eidfjord)	0 km	0:00 hour	0 km	0:00 hour		 Sæbø Camping (Eidfjord) (0:00 hour)
2	Hardangerbrua	24 km	0:21 hour	24 km	0:21 hour	68 km/h	
3	Tunnelrotonde (start Køylabukti loop)	25 km	0:22 hour	1,5 km	0:01 hour	89 km/h	
4	Afsnijpunt Køylabukti loop (linksaf)	25 km	0:22 hour	0 km	0:00 hour		 #4-5 (-0:30 hour)
5	Køylabukti loop	45 km	0:45 hour	20 km	0:23 hour	52 km/h	
6	Afsnijpunt Skjorvofossen (waterval)	61 km	1:04 hour	16 km	0:19 hour	50 km/h	 #6-7 (-0:10 hour)
7	Skjorvofossen (waterval)	65 km	1:09 hour	4,3 km	0:05 hour	52 km/h	
9	Tvindefossen	91 km	1:36 hour	26 km	0:27 hour	58 km/h	
10	Brekkedalen & Jordalen (gravel) (rechtdoor)	113 km	1:55 hour	22 km	0:19 hour	69 km/h	 +0:50 hour
11	Brekkedalen (gravel) (linksaf)	115 km	1:58 hour	1,4 km	0:03 hour	29 km/h	 +0:40 hour
12	Stalheimskleiva (steepest road)	115 km	2:01 hour	0,7 km	0:03 hour	14 km/h	
14	Gudvangen (linksaf)	126 km	2:12 hour	11 km	0:11 hour	57 km/h	
15	Flåm	145 km	2:30 hour	20 km	0:18 hour	66 km/h	
17	Afsnijpunt Aurlandsfjellet (rechtsaf)	155 km	2:42 hour	9,3 km	0:12 hour	47 km/h	 #17-21 (-0:30 hour)
18	Aurlandsvangen Viewpoint	160 km	2:52 hour	4,8 km	0:10 hour	29 km/h	
19	Stegastein (uitkijkplatform)	163 km	2:57 hour	3,3 km	0:05 hour	39 km/h	
21	Aurlandsfjellet	182 km	3:22 hour	20 km	0:25 hour	47 km/h	
22	Waterfall	190 km	3:32 hour	7,3 km	0:10 hour	44 km/h	
25	Parkeerplaats (Break)	225 km	4:08 hour	36 km	0:36 hour	59 km/h	
27	Øvre Årdal (Supermarkt)	244 km	4:24 hour	19 km	0:16 hour	71 km/h	
28	1000-meteren / Rausdalen (gravel)	244 km	4:25 hour	0,2 km	0:01 hour	14 km/h	 +0:50 hour
29	Tindevegen	261 km	4:52 hour	16 km	0:27 hour	36 km/h	
30	Offroad afslag	267 km	5:03 hour	6,6 km	0:11 hour	36 km/h	 +0:10 hour
32	Storvassvegen (gravel road)	291 km	5:36 hour	24 km	0:33 hour	44 km/h	 +0:30 hour
33	Sognefjellsvegen (hoogste punt)	294 km	5:41 hour	3 km	0:05 hour	36 km/h	
34	Bøverdalsvegen, gravel (linksaf, € 2)	309 km	5:56 hour	15 km	0:15 hour	60 km/h	 +0:35 hour
35	Leirvassbu, toll weg	313 km	5:59 hour	3,4 km	0:03 hour	69 km/h	 +1:00 hour
36	Elvestor Hotell (Sognefjellsvegen)	320 km	6:06 hour	7,3 km	0:07 hour	62 km/h	 Elvestor Hotell (Sognefjellsvegen) (6:06 hour)
Total		320 km	6:06 hour			52 km/h	 max -1:10 hour













40 Bøverdalen - Valldal



41 Bøverdalen - Valldal (no gravel)



40 Bøverdalen - Valldal

Route		Cumulative		Difference		Avg.	Additional information
#	Routepoint	Km	Time	Km	Time	Speed	
1	Elvester Hotell (Sognefjellsvegen)	0 km	0:00 hour	0 km	0:00 hour		 Elvester Hotell (Sognefjellsvegen) (0:00 hour)
2	Galdhøpiggvegen (€ 10) - hoogst berijdbare weg	4,3 km	0:04 hour	4,3 km	0:04 hour	65 km/h	 +1:15 hour
5	Afsnijpunt Gamle Strynefjellsvegen (gravel road) (rechtdoor)	83 km	1:12 hour	79 km	1:08 hour	69 km/h	 #5-11 (-1:10 hour)
6	Gamle Strynefjellsvegen	90 km	1:24 hour	6,7 km	0:12 hour	34 km/h	
9	Buldrufossen	109 km	2:01 hour	19 km	0:37 hour	31 km/h	
10	Hjelle Vallei	114 km	2:10 hour	5,7 km	0:09 hour	38 km/h	 #10 (-0:12 hour*)
11	Doorrijden naar Hjelle	114 km	2:10 hour	0 km	0:00 hour		 +0:20 hour
13	Strynefjellet loopje (gravel)	133 km	2:32 hour	18 km	0:22 hour	50 km/h	 +0:25 hour
14	Parkeren Dalsnibba	140 km	2:40 hour	7,3 km	0:08 hour	55 km/h	
15	Dalsnibba Viewpoint (€ 25)	145 km	2:51 hour	4,8 km	0:11 hour	26 km/h	 #15 (-0:25 hour)
17	Flydalsjuvet Viewpoint	162 km	3:21 hour	17 km	0:30 hour	34 km/h	
19	Adelaarsweg Geiranger	171 km	3:38 hour	9,3 km	0:17 hour	33 km/h	
20	Ørnevegen viewpoint	173 km	3:40 hour	1,7 km	0:02 hour	50 km/h	
21	Afsnijpunt gravel loop naar waterval	189 km	3:55 hour	16 km	0:15 hour	62 km/h	 #21-23 (-0:45 hour)
23	Afsnijpunt Waterval (linksaf)	198 km	4:19 hour	9,7 km	0:24 hour	24 km/h	 #23-24 (-0:12 hour*)
24	Waterval (gravel road, tolgeweg)	201 km	4:26 hour	2,9 km	0:07 hour	25 km/h	
25	Ferry Eidsdal - Linge	210 km	4:43 hour	9 km	0:17 hour	32 km/h	 0:14 hour
27	Muri Hytteutleige (Valldal)	217 km	5:01 hour	6,6 km	0:18 hour	22 km/h	 Muri Hytteutleige (Valldal) (5:01 hour)
Total		217 km	5:01 hour			43 km/h	 max -2:20 hour

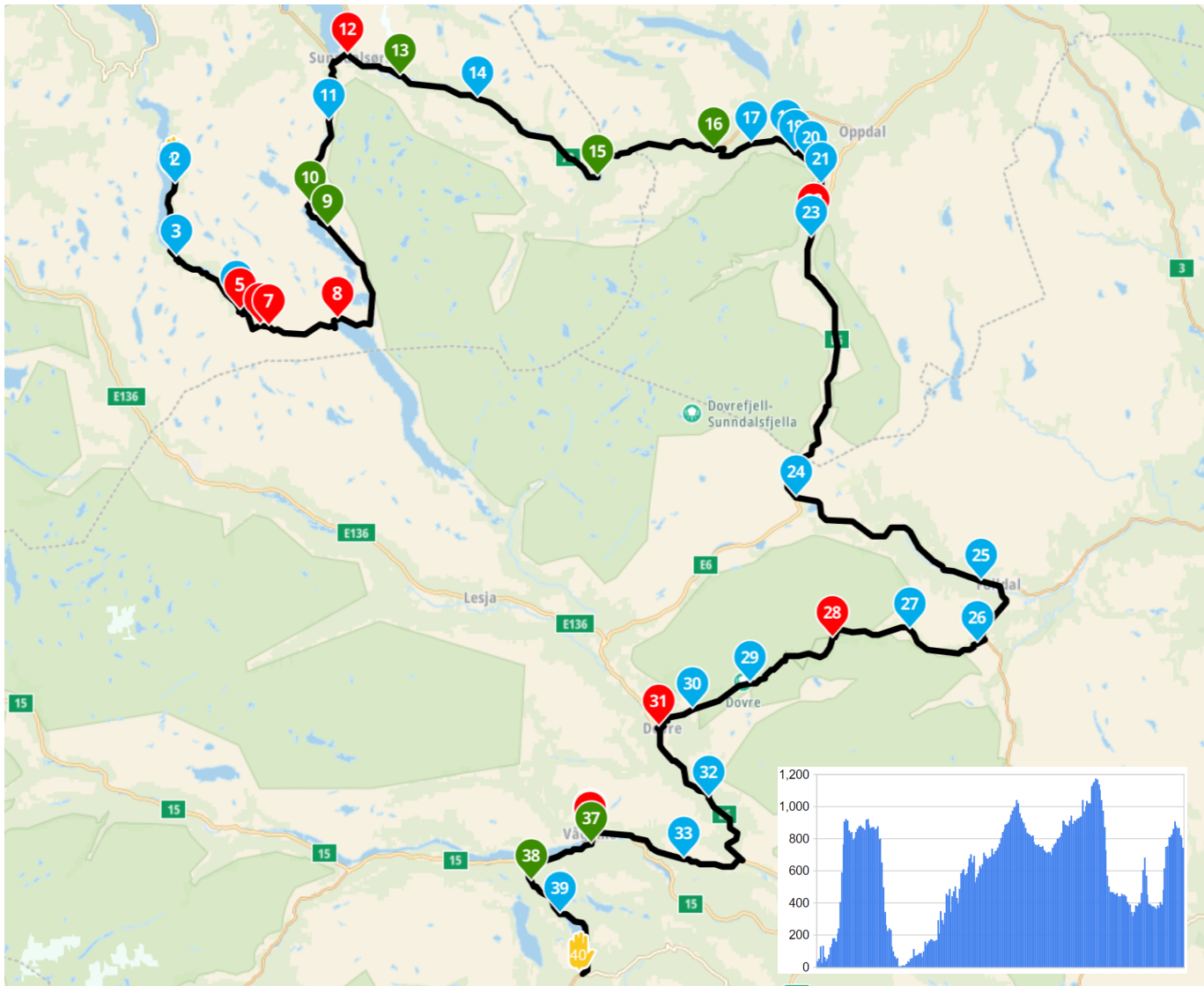
50 Valldal - Eikesdalen



50 Valldal - Eikesdalen

Route		Cumulative		Difference		Avg.	Additional information
#	Route point	Km	Time	Km	Time	Speed	
1	Muri Hytteutleige (Valldal)	0 km	0:00 hour	0 km	0:00 hour		Muri Hytteutleige (Valldal) (0:00 hour)
3	Gudbrandsjuvet (waterval)	16 km	0:16 hour	16 km	0:16 hour	59 km/h	
4	Trollstigen Viewpoint	35 km	0:37 hour	20 km	0:21 hour	56 km/h	0:20 hour
5	Trollstigen	37 km	0:42 hour	2,1 km	0:05 hour	25 km/h	
6	Trollstigen Uitkijkpunt	40 km	0:47 hour	2,3 km	0:05 hour	28 km/h	
8	Afsnijpunt Atlantic road	86 km	1:30 hour	46 km	0:43 hour	64 km/h	#8-23 (-2:20 hour)
9	Ferry Åfarnes- Sølsnes	86 km	1:32 hour	0,4 km	0:02 hour	12 km/h	0:14 hour
10	Afsnijpunt Atlantic road	90 km	1:46 hour	3,3 km	0:14 hour	14 km/h	#10-21 (-1:20 hour*)
11	Parkeerplaats (Break)	102 km	1:57 hour	13 km	0:11 hour	70 km/h	
15	Atlantic road viewpoint	155 km	2:48 hour	53 km	0:51 hour	62 km/h	
17	Tankstation en Supermarkt (Break)	160 km	2:53 hour	4,9 km	0:05 hour	59 km/h	
18	Alternatieve Kristiansund loop	160 km	2:56 hour	0 km	0:03 hour	1 km/h	+0:15 hour
19	Afsnijpunt gravel loop	173 km	3:09 hour	13 km	0:13 hour	61 km/h	#19-22 (-0:15 hour*)
26	Skip gravel (rechtdoor)	234 km	4:14 hour	61 km	1:05 hour	56 km/h	+0:00 hour
29	Skjørsetervegen (gravel) (links)	251 km	4:32 hour	18 km	0:18 hour	58 km/h	+0:25 hour (#52o)
32	Eresfjord (Supermarkt)	284 km	5:02 hour	33 km	0:30 hour	65 km/h	
33	Offroadloop (langs de tunnel)	296 km	5:14 hour	12 km	0:12 hour	58 km/h	+0:05 hour
34	Iris Vedal (links omhoog) (Eikesdal)	303 km	5:20 hour	7,5 km	0:06 hour	75 km/h	Iris Vedal (links omhoog) (Eikesdal) (5:20 hour)
Total		303 km	5:20 hour			57 km/h	max -2:20 hour max 0:20 hour

60 Eikesdalen - Randsverk



61 Eikesdalen - Randsverk (no gravel)



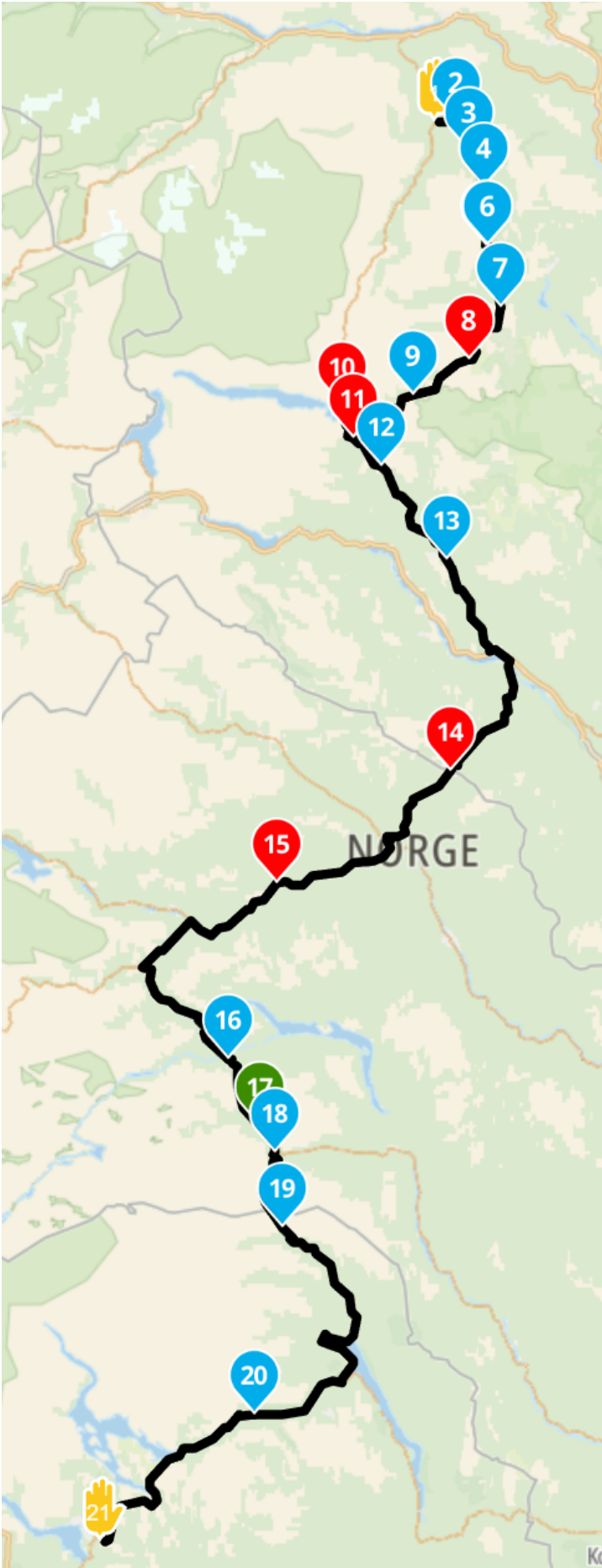
60 Eikesdalen - Randsverk

Route		Cumulative		Difference		Avg.	Additional information
#	Routepoint	Km	Time	Km	Time	Speed	
1	Iris Vedal (links omhoog) (Eikesdal)	0 km	0:00 hour	0 km	0:00 hour		Iris Vedal (links omhoog) (Eikesdal) (0:00 hour)
2	Skip Aursjøvegen (omdraaien)	0,7 km	0:00 hour	0,7 km	0:00 hour		#2-11 (-1:45 hour)
3	Skip Aursjøvegen (omdraaien)	10 km	0:10 hour	9,4 km	0:10 hour	56 km/h	#3-11 (-1:15 hour*)
4	Start Aursjøvegen (gravel road)	19 km	0:21 hour	9,2 km	0:11 hour	50 km/h	#4-11 (-0:45 hour*)
5	Finnsetlia Tunnel	22 km	0:27 hour	2,5 km	0:06 hour	25 km/h	
6	Aurstaupet (uitkijkpunt, 400m)	27 km	0:39 hour	5,4 km	0:12 hour	27 km/h	0:10 hour
7	Aurstaupetfossen	28 km	0:41 hour	1,1 km	0:02 hour	32 km/h	
8	Aursjøvegen	38 km	0:58 hour	9,8 km	0:17 hour	35 km/h	
9	Grønvollsteinen (rechtsaf)	56 km	1:27 hour	18 km	0:29 hour	36 km/h	+0:15 hour
10	Jernbanetrasé (linksaf)	60 km	1:37 hour	4,3 km	0:10 hour	26 km/h	+0:12 hour
12	Sunndalsøra (Supermarkt)	81 km	2:09 hour	22 km	0:32 hour	40 km/h	
13	Binnendoor weg (linksaf)	88 km	2:15 hour	6,6 km	0:06 hour	66 km/h	+0:06 hour
15	Åmotan gorge (Svøufallet) (rechtsaf)	115 km	2:36 hour	27 km	0:21 hour	76 km/h	+0:30 hour
16	Skip gravelwegen (rechtdoor)	130 km	2:49 hour	16 km	0:13 hour	73 km/h	#16-20 (-0:00 hour)
22	Mågålaupet (waterval, 100m)	154 km	3:34 hour	23 km	0:45 hour	31 km/h	0:10 hour
24	Skip Rondane NP gravel road (rechtdoor)	189 km	4:02 hour	35 km	0:28 hour	76 km/h	#24-30 (-1:30 hour)
25	Rondane via Oostkant	215 km	4:23 hour	26 km	0:21 hour	75 km/h	#25-32 (-0:40 hour*)
26	Start Gravelroad	226 km	4:34 hour	11 km	0:11 hour	60 km/h	
28	Rondane NP	245 km	5:20 hour	19 km	0:46 hour	25 km/h	
30	Einde Gravelroad	265 km	6:07 hour	20 km	0:47 hour	25 km/h	
31	Supermarkt	273 km	6:20 hour	8,4 km	0:13 hour	39 km/h	
34	Supermarkt	314 km	6:54 hour	41 km	0:34 hour	72 km/h	
35	Blåhø (gravel)	314 km	6:56 hour	0 km	0:02 hour	1 km/h	+0:45 hour
36	Bokhandel'n Bakeri & Mathus (eten)	314 km	6:57 hour	0,3 km	0:01 hour	17 km/h	
37	Strondsætervegen (gravel)	316 km	6:59 hour	1,2 km	0:02 hour	36 km/h	+0:15 hour
38	Fugelsætervegen (gravel, toll)	325 km	7:07 hour	9,5 km	0:08 hour	71 km/h	+0:45 hour
40	Randsverk Camping (Randsverk)	340 km	7:20 hour	15 km	0:13 hour	71 km/h	Randsverk Camping (Randsverk) (7:20 hour)
Total		340 km	7:20 hour			46 km/h	max -3:15 hour max 0:20 hour

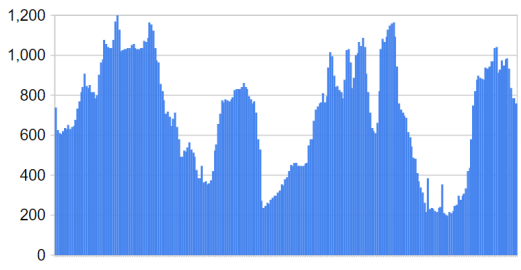
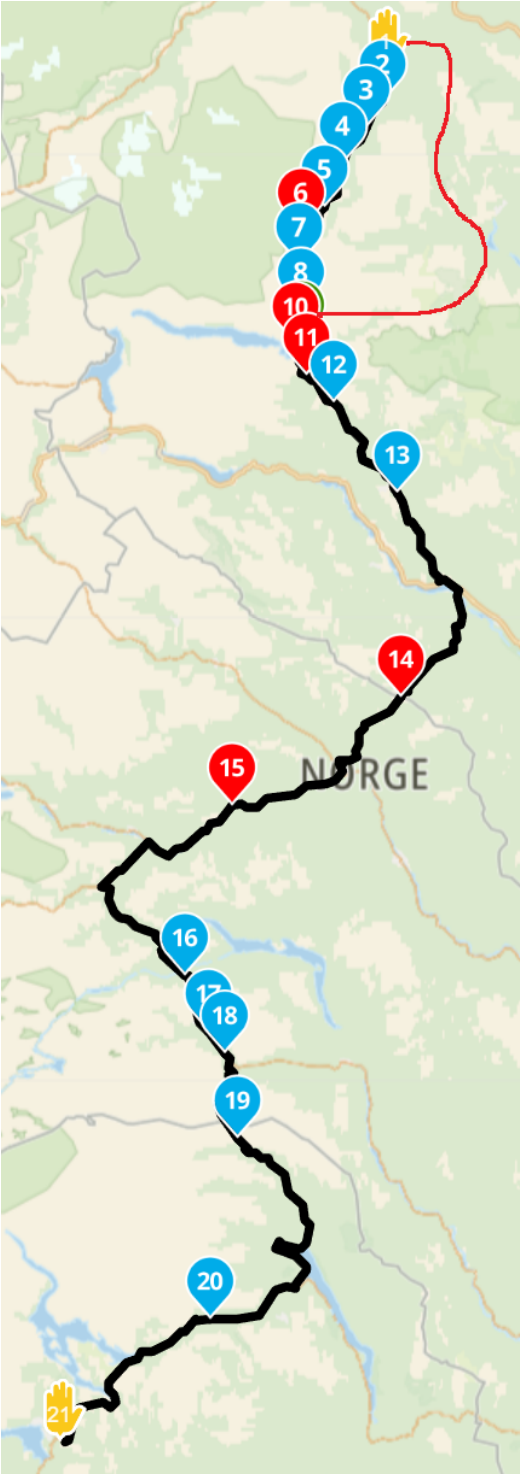
61 Eikesdalen - Randsverk (no gravel)

Route		Cumulative		Difference		Avg.	Additional information
#	Routepoint	Km	Time	Km	Time	Speed	
1	Iris Vedal (links omhoog) (Eikesdal)	0 km	0:00 hour	0 km	0:00 hour		Iris Vedal (links omhoog) (Eikesdal) (0:00 hour)
12	Sunndalsøra (Supermarkt)	69 km	1:04 hour	69 km	1:04 hour	65 km/h	
22	Mågålaupet (waterval, 100m)	150 km	2:16 hour	48 km	0:42 hour	68 km/h	0:10 hour
31	Supermarkt	229 km	3:20 hour	44 km	0:36 hour	73 km/h	
34	Supermarkt	270 km	3:56 hour	41 km	0:36 hour	68 km/h	
36	Bokhandel'n Bakeri & Mathus (eten)	270 km	3:59 hour	0,3 km	0:01 hour	17 km/h	
40	Randsverk Camping (Randsverk)	297 km	4:23 hour	15 km	0:14 hour	66 km/h	Randsverk Camping (Randsverk) (4:23 hour)
Total		297 km	4:23 hour			68 km/h	max 0:10 hour

70 Randsverk - Rauland



71 Randsverk - Rauland (no gravel)



70 Randsverk - Rauland

Route		Cumulative		Difference		Avg.	Additional information
#	Route point	Km	Time	Km	Time	Speed	
1	Randsverk Camping (Randsverk)	0 km	0:00 hour	0 km	0:00 hour		Randsverk Camping (Randsverk) (0:00 hour)
2	Skip Jotunheimvegen	2,6 km	0:02 hour	2,6 km	0:02 hour	78 km/h	#2-9 (-1:45 hour)
3	Start gravel road	8,8 km	0:08 hour	6,2 km	0:06 hour	62 km/h	
8	Jotunheimvegen (gravel tolweg)	50 km	1:50 hour	41 km	1:42 hour	24 km/h	
10	Koffiestop	77 km	2:31 hour	26 km	0:41 hour	38 km/h	
11	Valdresflya (touristic route)	83 km	2:40 hour	6,2 km	0:09 hour	41 km/h	
12	Tankstation	89 km	2:47 hour	6,7 km	0:07 hour	58 km/h	
14	Golsfjellet	156 km	3:50 hour	66 km	1:03 hour	63 km/h	
15	Hallingdal	197 km	4:29 hour	42 km	0:39 hour	64 km/h	
17	Gravelweg (rechts - links - links)	267 km	5:34 hour	70 km	1:05 hour	65 km/h	+0:12 hour (72a)
21	Austbø Hotell (Rauland)	392 km	7:34 hour	124 km	2:00 hour	62 km/h	Austbø Hotell (Rauland) (7:34 hour)
Total		392 km	7:34 hour			52 km/h	max -1:45 hour

NB. De route in MRA en de .gpx zijn aangepast. Na viapunt 5 zijn er een aantal viapunten toegevoegd i.v.m een doodlopende weg.




71 Randsverk - Rauland (no gravel)

Route		Cumulative		Difference		Avg.	Additional information
#	Route point	Km	Time	Km	Time	Speed	
1	Randsverk Camping (Randsverk)	0 km	0:00 hour	0 km	0:00 hour		Randsverk Camping (Randsverk) (0:00 hour)
6	Gjendesheim	35 km	0:32 hour	35 km	0:32 hour	66 km/h	#6 (-0:10 hour)
9	Jotunheimvegen Gravel weg	56 km	0:52 hour	21 km	0:20 hour	63 km/h	+1:00 hour
10	Koffiestop	57 km	0:54 hour	1 km	0:02 hour	29 km/h	
11	Valdresflya (touristic route)	63 km	1:02 hour	6,2 km	0:08 hour	47 km/h	
12	Tankstation	70 km	1:09 hour	6,7 km	0:07 hour	58 km/h	
14	Golsfjellet	136 km	2:13 hour	66 km	1:04 hour	62 km/h	
15	Hallingdal	178 km	2:52 hour	42 km	0:39 hour	64 km/h	
21	Austbø Hotell (Rauland)	372 km	5:57 hour	194 km	3:05 hour	63 km/h	Austbø Hotell (Rauland) (5:57 hour)
Total		372 km	5:57 hour			63 km/h	max -0:10 hour

80 Rauland - Kristiansund



80 Rauland - Kristiansund

Route		Cumulative		Difference		Avg.	Additional information
#	Route point	Km	Time	Km	Time	Speed	
1	Austbø Hotell (Rauland)	0 km	0:00 hour	0 km	0:00 hour		 Austbø Hotell (Rauland) (0:00 hour)
2	Skip Fjellvegen (gravel) (weg blijven volgen)	6,3 km	0:06 hour	6,3 km	0:06 hour	63 km/h	 #2-4 (-0:30 hour)
3	Fjellvegen (gravel)	11 km	0:18 hour	4,9 km	0:12 hour	24 km/h	
7	Tankstation	42 km	0:54 hour	30 km	0:36 hour	51 km/h	
9	Kviteseid bygdetun (middeleeuws dorp)	74 km	1:22 hour	32 km	0:28 hour	69 km/h	
11	Supermarkt	120 km	2:10 hour	46 km	0:48 hour	58 km/h	
13	Pauzeplek	168 km	2:49 hour	48 km	0:39 hour	73 km/h	
14	Picknick / Lunch	180 km	2:59 hour	12 km	0:10 hour	72 km/h	
17	Ferry	247 km	4:05 hour	67 km	1:06 hour	61 km/h	 Ferry (4:05 hour)
Total		247 km	4:05 hour			60 km/h	 max -0:30 hour